

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear \_\_\_\_\_:

Your Insurance benefits with \_\_\_\_\_ will terminate effective \_\_\_\_\_. However, under a federal law known as COBRA, you may continue health and/or dental benefits for yourself and your family for up to 18 months.

Under COBRA, you are responsible for paying your insurance premiums to \_\_\_\_\_ by the 1<sup>st</sup> of each month. You will have to pay the full cost for the coverage you wish to continue (plus an additional 2% allowed by law. This 2% administrative charge is at the discretion of the employer.) The monthly cost for you to continue your benefits under COBRA is outlined on the attached chart.

In order to continue your benefits, you must complete a new enrollment application and return it to us **within 60 days**. Please include your monthly premium check made payable to:

\_\_\_\_\_

Once your paperwork is received, you will be reinstated back to your termination date. In this way, you are assured continuous coverage.

In addition, you may be affected by recent changes in Federal law if you become enrolled in health coverage that excludes coverage for preexisting medical conditions.

Under the Health Insurance Portability and Accountability Act of 1996(HIPAA), preexisting condition exclusion generally may not be imposed for more than 12 month ( 18 months for a late enrollee). The 12 month (or 18 month) exclusion period is reduced by your prior health coverage. If you buy health insurance other than through an employer group health plan, a certificate of prior coverage may help you obtain coverage without preexisting condition exclusion.

If you have any question about your benefits, the COBRA law or the HIPAA, please contact me.

Cordially,

RATE SHEET

Continuation Coverage under \_\_\_\_\_

Employee Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Eligible Dependents: \_\_\_\_\_

Birth Date: \_\_\_\_\_

\_\_\_\_\_

Birth Date: \_\_\_\_\_

\_\_\_\_\_

Birth Date: \_\_\_\_\_

Continuation Coverage Starts: \_\_\_\_\_

Coverage Termination Date: \_\_\_\_\_

Monthly cost for continuing coverage under the \_\_\_\_\_ contract:

(Check One)

\_\_\_\_\_ Medical, Rx and Dental: \_\_\_\_\_

\_\_\_\_\_ Medical & Rx Only: \_\_\_\_\_

\_\_\_\_\_ Dental Only: \_\_\_\_\_

\_\_\_\_\_ No Coverage: \_\_\_\_\_

Signature of Employee: \_\_\_\_\_

Signature of Spouse"  
(If Applicable) \_\_\_\_\_

Date: \_\_\_\_\_

Please complete and return this form to :

\_\_\_\_\_

COBRA WAIVER

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear \_\_\_\_\_

Re: Continuation of Benefits

Via my written signature below, I attest to the fact that I was notified by my employer, \_\_\_\_\_, that I have the right to continue my group health insurance core coverage per the COBRA Act due to my termination of employment.

I hereby choose NOT to continue these benefits.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Print Name)

\_\_\_\_\_  
(Date)